

HALIFAX COUNTY TO HAVE TUBERCULOSIS CLINIC

The County Health Department is making arrangements for a clinic the first two weeks in November. Dr. J. L. Spruill, Director of clinics for the North Carolina sanatorium for the treatment of Tuberculosis will have charge of the work. It is planned to have every section of the County reached during these two weeks, and give every one who has been exposed to Tuberculosis a chance to get a free examination by a specialist.

It will do no harm to any one to have a physical examination and every one should have an examination especially if they have been exposed to Tuberculosis or if they feel themselves to be run down or in bad health. The disease begins in many different ways. Every cough that lasts more than three weeks should be regarded as suspicious whether there is spitting or not. Sometimes there will be no cough or very little until late in the disease. The first thing to be noticed or complained of may be an unwanted sense of tiredness, exhaustion or weakness coming on without any good reason. This is often supposed to be only laziness or ascribed to malaria, nervous prostration, or other conditions. It usually comes on in the afternoon and is usually accompanied by flushed cheeks, bright eye and fever.

A long continued hoarseness and a steady loss of weight one or both should always excite suspicion. Another very suggestive sign is loss of appetite, persistent indigestion, or stomach trouble. Frequently the trouble begins with a slight spitting of blood, there may be very little other signs of Tuberculosis, but such blood spitting or blood streaked system is practically always a sign, and should never be neglected or explained away a long and careful study of the case.

Night sweats or persistent pain in the chest especially in the shoulder should be carefully investigated. A temperature of 97 or anything below 98.5 in the morning; with anything above 98.5 in the afternoon is very suggestive of Tuberculosis.

Every one with of the above signs or symptoms will have an opportunity to make sure of the cause of the trouble, and if Tuberculosis found start treatment before it is too late to effect a lasting and permanent cure.

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